

# #ShowYourMask

„I protect you - do you protect me?“

Let's rethink this together: We want all people in Germany to wear face masks in the near future to protect each other - in consideration of each other and in solidarity with each other.



## Why should I wear a mask?

Face masks reduce the risk of infecting other people by droplet infection through our coughing, sneezing, or speaking. Many people are already unknowingly infected but don't have any symptoms (yet). They are still infectious, though. If you wear a mask **when you're out in public and when you come into contact with people from high-risk groups** you protect other people - and if they also wear a mask, they protect you in return. The more people wear a mask the better we are all protected.

## Homemade masks are an emergency measure during a shortage of medical masks

As long as there is a shortage of professional masks, the available medical masks should be reserved for those who constantly have close contact with infected people (especially hospital personnel). For everyone else, **homemade masks are a reasonable emergency measure** if they are **used correctly** and in addition to the known protective measures (see below).

## Do masks replace other protective measures?

NO. Masks should be worn **in addition to other protective measures**. They only contribute to the containment of CoViD-19 if you keep washing your hands regularly and thoroughly (20-30 seconds with soap), cough and sneeze into your elbow or a tissue, keep a distance of at least 2 meters to other people, and stay home as much as possible.

## Further information

On our website MaskeZeigen.de you can find

- **sewing and crafting instructions** for homemade masks, **tested by us**
- detailed **information about the correct use and care** of such masks
- **scientific background information** about masks
- this **flyer** and our **instructions for use**, for downloading and distributing.

**Join in:** Sew masks for your family, friends, and other people around you!



**#MaskeZeigen** I protect you – do you protect me?

## Who is behind this project?

The **MaskeZeigen.de** team got together during the **#WirVsVirus-Hackathon** (wirvsvirushackathon.org) of the federal government in March 2020. We work voluntarily and without pay on motivating and enabling people to wear masks in their daily lives and to make and pass on these masks while there is a shortage of medically-certified protective masks. Professional masks can thus be reserved for those who need them most urgently (e.g. hospital personnel).

Disclaimer / Creative Commons License: The MaskeZeigen team accepts no liability for the protective function of self-made masks. No self-made mask is certified as a medical device or offers protection similar to that of a professionally made surgical mask or FFP respirator. Use self-made masks at your own risk. We have released this flyer under a creative commons license (creativecommons.org/licenses/by-nc-nd/4.0/). The use of this flyer by other people does not imply a quality check of any enclosed self-made masks through us. This flyer may only be enclosed with masks that are distributed for free or at cost price (cost of material + postage and packaging if applicable).



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